

We Claim:

1. The use of a 5HT₁ agonist in the manufacture of a medicament for administration to a human exhibiting prodrome symptoms of migraine in order to prevent the headache phase of migraine.

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2. The use according to claim 1 wherein the 5HT₁ agonist is selected from the group consisting of sumatriptan, naratriptan, rizatriptan, zolmitriptan, eletriptan, frovatriptan and almotriptan.

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3. The use according to claim 2 wherein the 5HT₁ agonist is sumatriptan.

4. The use according to claim 3 wherein 2 mg to 100 mg of sumatriptan are administered.

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5. The use according to claim 2 wherein the 5HI₁ agonist is naratriptan.

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6. The use according to claim 5 wherein 0.25 mg to 2.5 mg of naratriptan are administered.

7. The use according to claim 2 wherein the 5HT₁ agonist is rizatriptan.

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8. The use according to claim 7 wherein 5 mg to 10 mg of rizatriptan are administered.

9. The use according to claim 2 wherein the 5HT₁ agonist is zolmitriptan.

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10. The use according to claim 9 wherein 1 mg to 5 mg of zolmitriptan are administered.
11. The use according to claim 2 wherein the 5HT₁ agonist is eletriptan.
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12. The use according to claim 11 wherein 20 mg to 80 mg of eletriptan are administered.
13. The use according to claim 2 wherein the 5HT₁ agonist is
10 frovatriptan.
14. The use according to claim 13 wherein 2.5 mg to 40 mg of frovatriptan are administered.
15. The use according to claim 2 wherein the 5HT₁ agonist is almotriptan.
16. The use according to claim 15 wherein 12.5 mg to 25 mg of almotriptan are administered.
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17. A method of preventing the headache phase of migraine in a human comprising administration of a migraine headache phase-preventing amount of a 5HT₁ agonist to a human exhibiting prodrome symptoms of migraine.
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18. A pharmaceutical composition comprising a 5HT₁ agonist as active ingredient for administration during the prodrome phase of migraine in order to prevent the headache phase of a migraine.

19. A preemptive prophylaxis migraine method including the steps of: determining prodromal symptoms of migraine; and administering an anti-migraine medication.
- 5 20. A preemptive prophylaxis migraine method as set forth in claim 19, wherein the step of determining prodromal symptoms of migraine includes performing cognitive tests to determine prodromal symptoms of migraine.
- 10 21. A preemptive prophylaxis migraine method as set forth in claim 20, wherein the step of performing cognitive tests includes performing a simple reaction time test, a running memory continuous performance test, a matching to sample test, and a mathematical processing test.
- 15 22. A preemptive prophylaxis migraine method as set forth in claim 21, wherein the step of performing cognitive tests is preceded by the steps of performing a Stanford sleepiness scale test and a mood scale test.
- 20 23. A preemptive prophylaxis migraine method as set forth in claim 20, including the step of administering and scoring the cognitive tests by a computer, and storing the scores received on the cognitive tests in the computer.
- 25 24. A preemptive prophylaxis migraine method as set forth in claim 23, including converting the stored scores from the cognitive tests into a stanine score.
25. A preemptive prophylaxis migraine method as set forth in claim 24, including comparing the stanine score to a baseline score, and indicating when there is a difference between the baseline and the stanine score as indicative of the onset of the prodromal symptoms of migraine.

26. A preemptive prophylaxis migraine method as set forth in claim 20, wherein the step of administering an anti-migraine medication includes administering a 5HT₁ agonist as the anti-migraine medication.

5 27. A preemptive prophylaxis migraine method as set forth in claim 26, wherein the 5HT₁ agonist is selected from the group consisting of sumatriptan, naratriptan, rizatriptan, zolmitriptan, eletriptan, frovatriptan and almotriptan.

10 28. A preemptive prophylaxis migraine method as set forth in claim 20, wherein the step of administering an anti-migraine medication includes administering a non-narcotic analgesic.

15 29. A preemptive prophylaxis migraine method as set forth in claim 28, wherein the non-narcotic analgesic is selected from the group consisting of acetylsalicylic acid (aspirin); nonsteroidal anti-inflammatory drugs (NSAIDs); and a combination of 4'-hydroxyacetanilide (acetaminophen), acetylsalicylic acid, and caffeine.

20 30. A preemptive prophylaxis migraine method as set forth in claim 29, wherein the nonsteroidal anti-inflammatory drugs include COX-2 inhibitors.

31. A preemptive prophylaxis migraine method as set forth in claim 19, wherein the step of administering an anti-migraine medication includes administering a 5HT₁ agonist as the anti-migraine medication.

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32. A preemptive prophylaxis migraine method as set forth in claim 31, wherein the 5HT₁ agonist is selected from the group consisting of sumatriptan, naratriptan, rizatriptan, zolmitriptan, eletriptan, frovatriptan and almotriptan.

33. A preemptive prophylaxis migraine method as set forth in claim 19, wherein the step of administering an anti-migraine medication includes administering a non-narcotic analgesic as the anti-migraine medication.

5 34. A preemptive prophylaxis migraine method as set forth in claim 33, wherein the non-narcotic analgesic is selected from the group consisting of acetylsalicylic acid (aspirin); nonsteroidal anti-inflammatory drugs; and a combination of 4'-hydroxyacetanilide (acetaminophen), acetylsalicylic acid, and caffeine.

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35. A preemptive prophylaxis migraine method as set forth in claim 34, wherein the nonsteroidal anti-inflammatory drugs include COX-2 inhibitors.

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~~36. A method of preventing the headache phase of migraine in a human comprising administering a migraine headache phase-preventing amount of a non-narcotic analgesic to a human exhibiting prodrome symptoms of migraine.~~

20 37. A method of preventing the headache phase of migraine in a human as set forth in claim 36, wherein the non-narcotic analgesic is selected from the group consisting of acetylsalicylic acid (aspirin); nonsteroidal anti-inflammatory drugs; and a combination of 4'-hydroxyacetanilide (acetaminophen), acetylsalicylic acid, and caffeine.

25 38. A preemptive prophylaxis migraine method as set forth in claim 37, wherein the nonsteroidal anti-inflammatory drugs include acetominophen, ibuprofen, naproxen, and indomethacin.

39. A preemptive prophylaxis migraine method as set forth in claim 37, wherein the nonsteroidal anti-inflammatory drugs include COX-2 inhibitors.

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40. A preemptive prophylaxis migraine method as set forth in claim 39,
wherein the COX-2 inhibitors include celecoxib and rofecoxib.

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